



We are pleased to be able to continue to offer you quality trainings through a virtual platform during these unprecedented times.

To keep our attendance lists most accurate, we ask that you do not share the meeting link with anyone. If you are registering multiple people from your staff for training, please make sure we have a list of who will be attending in advance. **We need to know who is in our audience, as this will help us to send feedback surveys and certificates to the correct people.**

*Please know that failure to follow this process may prevent you from joining a training session.*

Here are some other items to keep in mind to make our trainings the best they can be:

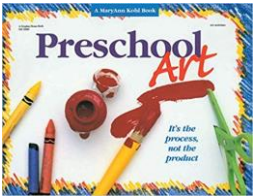



- Capability to connect to Zoom with a web camera and microphone is required for participation.
- Join the training a few minutes early, particularly if you are not familiar with attending Zoom. In addition, be sure you take some time to make sure the device you will use for the training is charged and ready to go! Check compatibility guidelines by clicking on the link prior to the event.
- Problems with the link? If for some reason your link does not take you directly to the training, go to [www.zoom.us](http://www.zoom.us). Click “join meeting” at the top of the screen and enter the meeting ID and password provided.
- Be aware that the video feature will be used. It is both helpful to the conversation and nice to connect with faces! Keep this in mind and present yourself in a way you feel comfortable, yet professional.
- Avoid walking around with your device as you participate in the training! If your video feature is on, you are taking us with you - this can be very distracting.
- Join the training from a quiet space. You may be muted by the trainer to eliminate background noise.
- Use the “Chat” feature if you have a question specific to your classroom/home settings and we can arrange a time to talk in more details afterwards. As the training event is just one hour, there will not be much time to address individual concerns during the event.
- Be an active participant! Come ready to share your thoughts with others. Our trainers love learning from their participants.
- Plan to learn and have fun!
- Lastly, for security purposes, you may be placed in a waiting room upon activating your link. Access will be allowed before the start of the training.

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**October – December 2021 Central Region Training Calendar**

Date and Time	Training	Description and Competencies	Location	Provided by
Ongoing availability  	<i>Preschool Art – It's the Process not the Product</i> by MaryAnn Kohl  ISBN-13: 978-0876591680  Cost: \$50 (Plus cost of book, to be purchased on your own.)	If you are always looking for new and creative art activities to complete with the children in your class, this independent study may be for you. Complete assignments and have fun incorporating open ended art into your lesson plans and daily activities.  Eight credit hours will be granted upon successful completion of the assignments. All assignments must be completed within 3 months of registration.  CDA Competency Goal: II VA Competency Goal: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a>  <b>For trainings associated with a fee, payment is due at the time of registration.</b>	<b>This is an independent book study. Participants may register at any time.</b>	
Friday, October 1  1-2PM	VA ITSN: Inclusion Fusion*  Cost: Grant Funded	The purpose of this training is to provide information on the benefits of inclusion and how to provide supportive, inclusive environments where all young children have opportunities to learn and grow. This session is geared towards new teachers and providers.  CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a>	Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session	
Monday, October 4  12:30-1:30PM	Learn about the BASICS  Cost: Grant Funded	This information session will review the <i>What, Why, and How</i> of the BASICS. The BASICS are five fun, simple, and powerful ways that every family and provider can use to give every child a strong start beginning from birth.  CDA Competency Goal: II VA Competency Goal: V Registration: <a href="mailto:dbillups@childsavers.org">dbillups@childsavers.org</a>	Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session	

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<p>Tuesday, October 5 8:30-10:30AM</p> <p><b>Must have attended the first session on September 28 for participation.</b></p>	<p>VAITSN: Infant and Toddler Endorsement*</p> <p><b>Module 5: Beyond Babble</b> <i>Part 2 of 2</i></p> <p>Cost: Grant Funded</p> <p><b>There are a total of 12 Modules for completion to earn the Endorsement.</b></p>	<p>This course identifies and supports development of language and communication skills in children birth – 3yrs of age. This endorsement is for those who teach infants and toddler.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p> <p><b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.</p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, October 5 6:30-8:30PM</p>	<p>Program Subsidy Orientation</p> <p>Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia’s technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, October 5 6:15-8:15PM</p> <p><b>AND</b></p> <p>Tuesday, October 19 6:15-8:15PM</p> <p><b>Both sessions must be attended for credit.</b></p>	<p>Strengthening Business Practices for Family Day Homes*</p> <p><b>Module I: Budget, Projections, and Planning for Family Child Care (10/5)</b></p> <p><b>Module II: Financial Reports and Internal Controls (10/19)</b></p> <p>Cost: Grant Funded</p>	<p>The purpose of this training is to strengthen childcare providers’ foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business operations. It provides tips and best practices to help break down fiscal processes into manageable steps.</p> <p>Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

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<p>Tuesday, October 5 7-8:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 7 (Creative) and the CDA Resource Items</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency: II VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, October 6 12-2PM</p>	<p>Exploring the Wonder of Nature*</p> <p>Cost: Grant Funded</p>	<p>This training is for caregivers of infants and toddlers to learn ways to enhance infant and toddler development through the exploration and incorporation of nature.</p> <p>CDA Competency Goal: II VA Competency Goal: V Registration: <a href="https://bit.ly/3tm0DY8">https://bit.ly/3tm0DY8</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, October 6 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 9 (Social) and the CDA Process</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency: III VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	

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<p>Wednesday, October 6 1-2PM</p>	<p>Expectations Are Everything**  Cost: Grant Funded</p>	<p>Expectations are everything! They can make or break your day. In this session, for all early childhood teachers, we'll work to understand how to set developmentally appropriate expectations for the children in your care. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.</p> <p>CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	
<p>Wednesday, October 6 2-3PM</p>	<p>Virginia Quality Overview**  Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p> <p><b>Note: This information session is intended for non-Virginia Quality participants in areas where participation in PDG is not yet available.</b> Certificates will not be issued for attendance.</p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Thursday, October 7 12:30-1:30PM</p>	<p>VA ITSN: Director Forum: <i>The Leadership Challenge</i>*  Cost: Grant Funded</p>	<p>Participants will work through the book <i>The Leadership Challenge</i>. Participants will examine ways to be a more effective leader and learn how to make extraordinary things happen in the workplace. Attendance at each session in the series is encouraged but not mandatory. This is recommended for Directors and Lead Teachers</p> <p>CDA Competency Goal: V VA Competency Goal: V Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, October 7 1-2:30PM</p>	<p>VAITSN: Promoting Exploration and Discovery Toddlers and Twos*  Cost: Grant Funded</p>	<p>Participants will explore the reasons toddlers and twos need opportunities to freely explore and discover their world. There will also be discussion and involvement with "loose parts." This training is geared for those who work with infants and toddlers.</p> <p>CDA Competency Goal: II VA Competency: V Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

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<p>Thursday, October 7 6-7PM</p>	<p>Books to Expand the World** Cost: Grant funded</p>	<p>In this training we will discuss the benefits of exposing children to the bigger world through books. We will talk about where to look for books and how to talk about them with young children. This workshop is geared towards teachers of 2 to 5 year olds.  CDA Competency Goal: II, III VA Competency Goal: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Thursday, October 7 7-8PM</p>	<p>Especially for Early Childhood Teachers Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum.  Registration: <a href="mailto:pkoon@childsavers.org">pkoon@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Saturday, October 9 9-11AM</p>	<p>Emergency Preparedness Cost: Grant Funded</p>	<p>This workshop will focus on the following factors: to understand the threats and risks that can affect a program, to become familiar with recognized childcare emergency preparedness standards and how to carry them out, to advance knowledge in business continuity concepts, and to support the emotional needs of children and caregivers.  CDA Competency Goal: I VA Competency Goal: I, VII Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Saturday, October 9 10-11:15AM</p>	<p>The ABCs of Healthy Eating Cost: \$25</p>	<p>This workshop provides a fun and informative overview of topics related to healthy eating. We will discuss the building blocks of nutrition, meal prep, food culture, how to read food labels, and ways to engage children and get them excited about nutritious foods.  CDA Competency Goal: II VA Competency Goal: III Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a> <b>For trainings associated with a fee, payment is due at the time of registration.</b></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	

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<p>Tuesday, October 12 8:30-10:30AM</p> <p><b>AND</b></p> <p>Tuesday, October 19 8:30-10:30AM</p> <p><b>Both sessions must be attended for credit.</b></p>	<p>VA ITSN Infant and Toddler Endorsement*</p> <p><b>Module 6: Health Screening for Child Care Professionals</b></p> <p>Cost: Grant Funded</p> <p><b>There are a total of 12 Modules for completion to earn the Endorsement.</b></p>	<p>The goal of this course is to promote the health and safety of children in the child day center and family day home environment. This course provides instruction in daily health observation, excluding children for illness, preventing infections, communicable diseases, vaccine preventable disease, immunizations, OSHA health and safety practices, and the provider's role in reporting diseases.</p> <p>CDA Competency Goal: I VA Competency Goal: I Registration (Part 1): <a href="https://bit.ly/3kLu2H2">https://bit.ly/3kLu2H2</a> Registration (Part 2): <a href="https://bit.ly/2VjWEyl">https://bit.ly/2VjWEyl</a></p> <p><b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.</p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, October 13 1-2:30PM</p>	<p>VAITSN: Inclusion Fusion*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the benefits of inclusion, and how to provide support and inclusive environments where all young children have opportunities to learn and grow. This session is geared towards teachers who work with infants and toddlers.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, October 13 6:30-8:30PM</p>	<p>Trauma Informed Care Basics Part I</p> <p>Cost: Grant Funded</p>	<p>This workshop will focus on the following factors: to realize the widespread impact of trauma, to recognize the signs and symptoms of trauma in others, and to respond with fully integrated procedures and practices and to actively seek to resist re-traumatization.</p> <p>CDA Competency Goal: III VA Competency Goal: II, VI Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

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<p>Thursday, October 14 12:30-1:30PM</p>	<p>VA ITSN: Director Forum: <i>The Leadership Challenge</i>*  Cost: Grant Funded</p>	<p>Participants will work through the book <i>The Leadership Challenge</i>. Participants will examine ways to be a more effective leader and learn how to make extraordinary things happen in the workplace. Attendance at each session in the series is encouraged but not mandatory. This is recommended for directors and lead teachers.</p> <p>CDA Competency Goal: V VA Competency Goal: V Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>“Achieving Excellence in Early Care”</p>
<p>Thursday, October 14 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 7 (Creative) and the CDA Resource Items</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency: II VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Thursday, October 14 1-2:30PM</p>	<p>VAITSN: Promoting Exploration and Discovery Toddlers and Twos*  Cost: Grant Funded</p>	<p>Participants will explore the reasons toddlers and twos need opportunities to freely explore and discover their world. There will also be discussion and involvement with “loose parts.” This training is geared for those who work with infants and toddlers.</p> <p>CDA Competency Goal: II VA Competency: V Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>“Achieving Excellence in Early Care”</p>

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<p>Thursday, October 14 6:30-7:30PM</p>	<p>Teaching about Race and Diversity**  Cost: Grant funded</p>	<p>Children notice race at a very young age, and by 2 ½ years old most children use race to choose playmates. As educators, it is our job to help children better understand others and the world around them. In this session we will discuss why it is important to talk about race and diversity with young children. We will also look at different ways you can start to teach children about race and diversity. Must work with children 18-48 months.  CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Friday, October 15 6-7PM</p>	<p>Immunity Boosting Foods: How to Use Them in Everyday Meals  Cost: \$25</p>	<p>With flu season quickly approaching, we need to boost our immune systems by eating foods that will strengthen our resistance to illness. In this webinar, we will explore foods that will give our immune systems a boost and discuss how to add them in our everyday meals.  CDA Competency Goal: II VA Competency Goal: III Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a> <b>For trainings associated with a fee, payment is due at the time of registration.</b></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Monday, October 18 1-2:30PM</p>	<p>VA ITSN: Smile and Mean It!*  Cost: Grant Funded</p>	<p>Participants will discuss how burnout affects childcare professionals. Participants will learn the warning signs of burnout. Participants will explore tools to prevent burnout and how to plan how to set successful goals.  CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Tuesday, October 19 1-2PM</p>	<p>Early Math for Toddlers**  Cost: Grant Funded</p>	<p>Whether you love math or not, you can help stimulate an interest in math for the little ones in your care. How do we as caregivers nurture and facilitate a toddler developing interest in mathematical topics and concepts? In this training we will identify strategies to support you in introducing early math content and processes to toddlers in your care.  CDA Competency Goal: II VA Competency Goal: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	

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<p>Tuesday, October 19</p> <p>6:30-8PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 7 (Creative) and the CDA Testing Process</p> <p>CDA Competency: II VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, October 20</p> <p>1-2PM</p>	<p>Decreasing Challenging Behavior through Positive Interactions**</p> <p>Cost: Grant Funded</p>	<p>Children communicate with behavior. What are they telling us and how do we need to help them? In this session we'll explore positive interactions that can reduce challenging behaviors. Anyone with challenging behaviors in their classroom (two's and up) is welcome. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.</p> <p>CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	
<p>Wednesday, October 20</p> <p>6-7:30PM</p>	<p>VAITSN: Rattles to Riding Toys: Meeting the Need of Multiple Ages in Family Care*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this workshop is to provide family care providers an opportunity to explore how to best care for infants and toddlers in multi-age environments.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

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<p>Thursday, October 21 12:30-1:30PM</p>	<p>VA ITSN: Director Forum: <i>The Leadership Challenge</i>*  Cost: Grant Funded</p>	<p>Participants will work through the book <i>The Leadership Challenge</i>. Participants will examine ways to be a more effective leader and learn how to make extraordinary things happen in the workplace. Attendance at each session in the series is encouraged but not mandatory. This is recommended for directors and lead teachers.</p> <p>CDA Competency Goal: V VA Competency Goal: V Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ACHIEVING EXCELLENCE IN EARLY CARE</p>
<p>Saturday, October 23 9:30-10:30AM</p>	<p>Nature Inside**  Cost: Grant funded</p>	<p>Nature is important to children's development. Research has proven that exposure to nature and outdoor connections are important to children's development. But what do you do if your program and/or community doesn't have plentiful access to the outdoors? In this session, we will explore strategies to support and enhance children's outdoor connections while in your classroom by bringing natural elements inside to explore.</p> <p>CDA Competency Goal: I, II VA Competency Goal: II, V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Tuesday, October 26 8:30-10:30AM</p> <p><b>AND</b></p> <p>Tuesday, November 2 8:30-10:30AM</p> <p><b>Both sessions must be attended for credit.</b></p>	<p>VA ITSN: Infant and Toddler Endorsement*  <b>Module 7: Preventing Injuries</b>  Cost: Grant Funded  <b>There are a total of 12 Modules for completion to earn the Endorsement</b>  Cost: Grant Funded</p>	<p>Participants will explore ways to make their childcare space safe. Participants will also discuss safety hazards and how they can be prevented. This endorsement is for those who teach infants and toddlers.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p> <p><b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.</p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	 <p>ACHIEVING EXCELLENCE IN EARLY CARE</p>

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<p>Tuesday, October 26 1-2PM</p>	<p>An Overview of Virginia's Early Learning and Development Standards (ELDS)**  Cost: Grant Funded</p>	<p>Virginia's Early Learning and Development Standards (ELDS) are guidelines that help caregivers understand how children build skills in different areas of development from ages birth to 5. This workshop will provide an overview of the ELDS along with some ideas on how to incorporate these standards in your classrooms.  CDA Competency Goal: II, III VA Competency Goal: II, III, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Wednesday, October 27 12-2PM</p>	<p>Exploring the Wonder of Nature*  Cost: Grant Funded</p>	<p>This training is for caregivers of infants and toddlers to learn ways to enhance infant and toddler development through the exploration and incorporation of nature.  CDA Competency Goal: II VA Competency Goal: V Registration: <a href="https://bit.ly/3kSGLrB">https://bit.ly/3kSGLrB</a></p>	<p>Zoom Meeting  Access to a telephone and computer with internet connection required  Log in information will be provided at time of registration</p>	
<p>Thursday, October 28 12:30-1:30PM</p>	<p>VA ITSN: Director Forum: <i>The Leadership Challenge</i>*  Cost: Grant Funded</p>	<p>Participants will work through the book <i>The Leadership Challenge</i>. Participants will examine ways to be a more effective leader and learn how to make extraordinary things happen in the workplace. Attendance at each session in the series is encouraged but not mandatory. This is recommended for directors and lead teachers.  CDA Competency Goal: V VA Competency Goal: V Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Thursday, October 28 6:30-8PM</p>	<p>CDA Class  Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants  <b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 11 (Families) and the CDA Family Questionnaires and the Application Process  CDA Competency: IV VA Competency: IV Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided at time of registration</p>	

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<p>Tuesday, November 2 6:30-8PM</p>	<p>VAITSN: Tireless Toddlers*  Cost: Grant Funded</p>	<p>Participants will define characteristics of an active toddler, will know how to support the activity level of toddlers in group settings, and will learn how to provide activities and experiences that align with the expectations of active toddlers and developmentally appropriate behaviors.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, November 3 12-2PM</p>	<p>Giving Children Their Best Chance*  Cost: Grant Funded</p>	<p>During this session, activities and discussion will be used to help caregivers explore the important role they play to ensure that all infants and toddlers are receiving their best chance in the care of adults who understand their uniqueness and plan for each child's individual needs.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="https://bit.ly/3jFXgbe">https://bit.ly/3jFXgbe</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, November 3 1-2PM</p>	<p>VAITSN: Director Forum: Inclusion: The Administrators Role*  Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the benefits of inclusion, how to provide support and inclusive environments where all young children have opportunities to learn and grow. This session is geared towards those in management or leadership roles.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, November 4 7-8PM</p>	<p>Especially for Early Childhood Teachers  Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum.</p> <p>Registration: <a href="mailto:pkoon@childsavers.org">pkoon@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	

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<p>Saturday, November 6 9-11AM</p>	<p>Emergency Preparedness  Cost: Grant Funded</p>	<p>This workshop will focus on the following factors: to understand the threats and risks that can affect a program, to become familiar with recognized childcare emergency preparedness standards and how to carry them out, to advance knowledge in business continuity concepts, and to support the emotional needs of children and caregivers.</p> <p>CDA Competency Goal: I VA Competency Goal: I, VII Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting  Access to a telephone and computer with internet connection required  Log in information will be provided at time of registration</p>	
<p>Monday, November 8 6-7PM</p>	<p>Preschool Development Grant Foundational Training  Cost: Grant Funded</p>	<p>Learn about the observation component of the Preschool Development Grant (PDG). Participants will gain better understanding of the observation process, learn about the observation tool, and hear about the coaching model for professional development.</p> <p>CDA Competency Goal: III VA Competency Goal: III Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Monday, November 8 1-2PM</p>	<p>Learn about the BASICS  Cost: Grant Funded</p>	<p>This information session will review the <i>What, Why, and How</i> of the BASICS. The BASICS are five fun, simple, and powerful ways that every family and provider can use to give every child a strong start beginning from birth.</p> <p>Registration: <a href="mailto:dbillups@childsavers.org">dbillups@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Tuesday, November 9 8:30-10:30AM  <b>AND</b>  Tuesday, November 16 8:30-10:30AM  <b>Both sessions must be attended for credit.</b></p>	<p>VAITSN: Infant and Toddler Endorsement*  <b>Module 8: Guiding Behaviors</b>  Cost: Grant Funded  <b>There are a total of 12 Modules for completion to earn the Endorsement.</b></p>	<p>This course is designed to identify the behavioral characteristics and temperaments of infants and toddlers. We will define the difference between guidance and punishment and learn age appropriate strategies. This endorsement is for those who teach infants and toddlers.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p> <p><b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.</p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	

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<p>Tuesday, November 9</p> <p>1-2PM</p>	<p>Play is Learning**</p> <p>Cost: Grant funded</p>	<p>An unknowing observer might comment that the children in your classroom are not learning anything – they are just playing. But through play, children can develop social and cognitive skills, mature emotionally, and gain the self-confidence required to engage in new experiences and environments. In this training we will discuss how we can facilitate learning as children play. This workshop is for teachers of all age children.</p> <p>CDA Competency Goal: II, III VA Competency Goal: II Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, November 9</p> <p>6:30-7:30PM</p>	<p>An Overview of Virginia's Early Learning and Development Standards (ELDS)**</p> <p>Cost: Grant Funded</p>	<p>Virginia's Early Learning and Development Standards (ELDS) are guidelines that help caregivers understand how children build skills in different areas of development from ages birth to 5. This workshop will provide an overview of the ELDS along with some ideas on how to incorporate these standards in your classrooms.</p> <p>CDA Competency Goal: II, III VA Competency Goal: II, III, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday November 9</p> <p>7-8:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 8 (Self) and the CDA Competency Statements</p> <p>CDA Competency: III VA Competency: VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, November 10</p> <p>10-11AM</p>	<p>Virginia Quality Overview**</p> <p>Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p>	

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		<p>Note: <b>This information session is intended for non-Virginia Quality participants in areas where participation in PDG is not yet available.</b> Certificates will not be issued for attendance.</p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, November 10 12-2PM</p>	<p>Giving Children Their Best Chance*</p> <p>Cost: Grant Funded</p>	<p>During this session, activities and discussion will be used to help caregivers explore the important role they play to ensure that all infants and toddlers are receiving their best chance in the care of adults who understand their uniqueness and plan for each child's individual needs.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="https://bit.ly/3BHcMd6">https://bit.ly/3BHcMd6</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, November 10 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 10 (Guidance) and the CDA Resource Items</p> <p>CDA Competency: III VA Competency: VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, November 10 1-2PM</p>	<p>Peekaboo Can Change the World**</p> <p>Cost: Grant Funded</p>	<p>How you interact with children from infancy through PreK matters! Learn more about brain research and why intentionally interacting with the children in your care is so vital. This is for teachers of all levels. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.</p> <p>CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	

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<p>Wednesday, November 10 6-7:30PM</p>	<p>VAITSN: Rattles to Riding Toys: Meeting the Need of Multiple Ages in Family Care*  Cost: Grant Funded</p>	<p>The purpose of this workshop is to provide family care providers an opportunity to explore how to best care for infants and toddlers in multi-age environments.  CDA Competency Goal: II VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Wednesday, November 10 6:15-8:15PM</p>	<p>Strengthening Business Practices for Family Day Homes  <b>Module III: Marketing Your Program</b>  Cost: Grant Funded</p>	<p>The purpose of this training is to strengthen childcare providers' understanding of marketing tools, audiences, and elements necessary to develop a marketing plan. It encourages providers to tailor marketing practices to the audience they are trying to reach and to develop effective communication strategies to promote their services.  Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Wednesday, November 10 6:30-8:30PM</p>	<p>Trauma Responsive Care in Early Childhood Programs (Part II)  Cost: Grant Funded</p>	<p>In this training, you will learn about the complex needs of childhood and the effects trauma may have when basic needs are not met; how to recognize the effects of trauma on classroom interactions and behaviors; everyday caregiver practices that may trigger trauma-reactions in children; to identify techniques and strategies for addressing and redirecting trauma behaviors, and ways to manage the behaviors of children who have experienced trauma.  CDA Competency Goal: III VA Competency Goal: III, VI Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting  Access to a telephone and computer with internet connection required  Log in information will be provided at time of registration</p>	

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<p>Thursday, November 11 12:30-2PM</p>	<p>VAITSN: It's Not Just Baby Talk!*</p> <p>Grant Funded</p>	<p>Participants will explore and discuss how the development of language impacts cognitive learning, literacy, and social emotional development in the first three years. Participants will also learn how to extend opportunities for using shared conversations, questions, narration, storytelling, and other language interactions with infants and toddlers as well as learn how to provide infants and toddlers with a variety of play opportunities and experiences that helps build strong language skills.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, November 11 1-2PM</p>	<p>Taking Care of Yourself in Order to Take Care of Others**</p> <p>Cost: Grant funded</p>	<p>Working in early care is stressful. Teachers need to replenish and restore themselves so they continue to provide quality care to the children in their care. In this workshop we will explore some ways that teachers can invest in themselves and why self care is important in our work.</p> <p>CDA Competency Goal: I, III, VI VA Competency Goal: I, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, November 11 6-7PM</p>	<p>CDA Orientation for New Students</p> <p>No cost is associated with this orientation.</p>	<p>A Child Development Associate credential is a nationally recognized credential that will help you strengthen your skills and further your career as an early childhood educator. This informative orientation session will review the process and requirements for earning your CDA through ChildSavers.</p> <p><b>Attendance is mandatory at an orientation before enrollment can occur.</b></p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Saturday, November 13 9:30-10:30PM</p>	<p>Making Meaningful Learning**</p> <p>Cost: Grant funded</p>	<p>In this training, we will discuss how interactions can create deeper thinking skills in young children, as well as language development. This workshop is geared towards teachers of 3 to 5-year-old children.</p> <p>CDA Competency Goal: II, III VA Competency Goal: II, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	

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<p>Saturday, November 13 10:30AM-1:30PM</p>	<p>VAITSN: READ Refresher*  Cost: Grant Funded  <b>Must have previously attended a 123 READ session.</b></p>	<p>The purpose of this workshop is to offer follow-up training to all those who participated in one of our two-day 1-2-3 READ! trainings.  CDA Competency Goal: II VA Competency Goal: V Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>North Courthouse Road Public Library Space E 325 Courthouse Road Richmond, VA 23236  <b>This is an in-person training; spaces are limited to 5 attendees per venue restrictions.</b></p>	
<p>Saturday, November 13 11-12PM</p>	<p>Immunity Boosting Foods: How to Use Them in Everyday Meals  Cost: \$25</p>	<p>With flu season quickly approaching, we need to boost our immune systems by eating foods that will strengthen our resistance to illness. In this webinar, we will explore foods that will give our immune systems a boost and discuss how to add them in our everyday meals.  CDA Competency Goal: II VA Competency Goal: III Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a> <b>For trainings associated with a fee, payment is due at the time of registration.</b></p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	
<p>Saturday, November 13 10:30-11:30AM</p>	<p>Peekaboo Can Change the World**  Cost: Grant Funded</p>	<p>How you interact with children from infancy through PreK matters! Learn more about brain research and why intentionally interacting with the children in your care is so vital. This is for teachers of all levels. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.  CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Monday, November 15 6:30-7:30PM</p>	<p>Process Art for Toddlers**  Cost: Grant Funded</p>	<p>Process art versus product art. Do you find yourself struggling to identify the difference between the two? This workshop will clarify what they are, why process art benefits the development of the children in our care, and offer a surplus of ideas to implement in your classroom.  CDA Competency Goal: VII VA Competency Goal: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	

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<p>Tuesday, November 16 12-2PM</p>	<p>Program Subsidy Orientation  Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	 <p>Virginia's most trusted child care resource.</p>
<p>Tuesday, November 16 6-7:30PM</p>	<p>VAITSN: It's Not Just Baby Talk! *  Grant Funded</p>	<p>Participants will explore and discuss how the development of language impacts cognitive learning, literacy, and social emotional development in the first three years. Participants will also learn how to extend opportunities for using shared conversations, questions, narration, storytelling, and other language interactions with infants and toddlers as well as learn how to provide infants and toddlers with a variety of play opportunities and experiences that helps build strong language skills.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	 <p>VIRGINIA INFANT &amp; TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Wednesday, November 17 12-2PM</p>	<p>Tireless Toddlers*  Cost: Grant Funded</p>	<p>This session will provide information on supporting the activity level of busy toddlers and experiences to enhance daily physical activity in group settings.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: <a href="https://bit.ly/2Vf4dGR">https://bit.ly/2Vf4dGR</a></p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	 <p>VIRGINIA INFANT &amp; TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Wednesday, November 17 1-2PM</p>	<p>Expectations Are Everything**  Cost: Grant Funded</p>	<p>Expectations are everything! They can make or break your day. In this session, for all early childhood teachers, we'll work to understand how to set developmentally appropriate expectations for the children in your care. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.</p> <p>CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	 <p>Committed to Quality Early Learning</p>

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<p>Thursday, November 18</p> <p>12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 8 (Self) and the CDA Competency Statements</p> <p>CDA Competency: III VA Competency: VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Thursday, November 18</p> <p>6:30-7:30PM</p>	<p>Meeting Needs and Following Leads**</p> <p>Cost: Grant funded</p>	<p>Teachers have to be flexible and constantly adapting to the children in the room. In this training, we will discuss ways teachers can meet the needs of the children in their classroom as well as strategies for going with the flow of children's interests. This workshop is geared toward teachers of 3 to 5 year old children.</p> <p>CDA Competency goal: III VA Competency goal: VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	
<p>Monday, November 22</p> <p>1-2:30 PM</p>	<p>VAITSN: It's Not Just Baby Talk! *</p> <p>Cost: Grant Funded</p>	<p>Participants will explore and discuss how the development of language impacts cognitive learning, literacy, and social emotional development in the first three years. Participants will also learn how to extend opportunities for using shared conversations, questions, narration, storytelling, and other language interactions with infants and toddlers as well as learn how to provide infants and toddlers with a variety of play opportunities and experiences that helps build strong language skills.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Tuesday, November 23</p> <p>8:30-10:30AM</p> <p><b>AND</b></p> <p>Tuesday, November 30</p>	<p>VA ITSN Infant and Toddler Endorsement*</p> <p><b>Module 9: Understanding Temperaments</b></p>	<p>This course will define temperament and explain its importance in the development of infants and toddlers. The course will focus on five temperament dimensions -- activity level, approach/withdrawal, intensity, mood, and persistence. The construct of goodness-of-fit will be emphasized and strategies for interacting with infants and toddlers who demonstrate a variety of temperaments will be given.</p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	

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<p>8:30-10:30AM</p> <p><b>Both sessions must be attended for credit.</b></p>	<p>Cost: Grant Funded</p> <p><b>There are a total of 12 Modules for completion to earn the Endorsement.</b></p>	<p>CDA Competency Goal: III VA Competency Goal: II Registration (Part 1): <a href="https://bit.ly/3nfQNWP">https://bit.ly/3nfQNWP</a> Registration (Part 2): <a href="https://bit.ly/38BoPfw">https://bit.ly/38BoPfw</a></p> <p><b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.</p>		
<p>Tuesday, November 23</p> <p>6:30-8PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 12 (Program Management) and the CDA Family Questionnaires and the Application Process</p> <p>CDA Competency: V VA Competency: VII Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Tuesday, November 30</p> <p>12:30-2PM</p>	<p>VAITSN: Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>Participants will define characteristics of an active toddler, will know how to support the activity level of toddlers in group settings, and will learn how to provide activities and experiences that align with the expectations of active toddlers and developmentally appropriate behaviors.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, December 1</p> <p>1-2PM</p>	<p>Open Up!***</p> <p>Cost: Grant Funded</p>	<p>Open-ended questions help children think more and use more language to answer. This means that we have to be intentional about using them. Come plan a list of open-ended questions you can use throughout your day. This is for all teachers of ages 2 and above. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.</p> <p>CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	

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<p>Wednesday, December 1 6:30-7:30PM</p>	<p>Peekaboo Can Change the World**  Cost: Grant Funded</p>	<p>How you interact with children from infancy through PreK matters! Learn more about brain research and why intentionally interacting with the children in your care is so vital. This is for teachers of all levels. An optional extra 30 minutes of continuing education is available for those wanting more support with this topic.  CDA Competency Goal: I, II, III, VIII VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Thursday, December 2 7-8PM</p>	<p>Especially for Early Childhood Teachers  Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum.  Registration: <a href="mailto:pkoon@childsavers.org">pkoon@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Monday, December 6 12:30-1:30PM</p>	<p>Learn about the BASICS  Cost: Grant Funded</p>	<p>This information session will review the <i>What, Why, and How</i> of the BASICS. The BASICS are five fun, simple, and powerful ways that every family and provider can use to give every child a strong start beginning from birth.  Registration: <a href="mailto:dbillups@childsavers.org">dbillups@childsavers.org</a></p>	<p>Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided upon registration for the session</p>	
<p>Monday, December 6 6:30-8PM</p>	<p>Collaborating with Families to Address Challenging Behaviors*  Cost: Grant Funded</p>	<p>This session will provide strategies for creating and maintaining effective relationships with families including why partnering matters, keeping lines of communication open, building routines, and problem-solving.  CDA Competency Goal: IV VA Competency Goal: VI Registration: <a href="mailto:nalexander@va-itsnetwork.org">nalexander@va-itsnetwork.org</a></p>	<p>ChildSavers 200 N. 22<sup>nd</sup> Street Richmond, VA 23223  <b>This is an in-person training; spaces are limited.</b></p>	
<p>Tuesday, December 7 6:30-7:45PM</p>	<p>The ABCs of Healthy Eating  Cost: \$25</p>	<p>This workshop provides a fun and informative overview of topics related to healthy eating. We will discuss the building blocks of nutrition, meal prep, food culture, how to read food labels, and ways to engage children and get them excited about nutritious foods.  CDA Competency Goal: II VA Competency Goal: III</p>	<p>Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session</p>	

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		Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a> <b>For trainings associated with a fee, payment is due at the time of registration.</b>		
Tuesday, December 7 6:30-8:30PM	Program Subsidy Orientation  Cost: Grant Funded	This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).  Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a> , choose <i>Training Calendar</i> , then <i>Online Trainings</i>	Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided at time of registration	 Virginia's most trusted child care resource.
Tuesday, December 7 8:30-10:30AM  <b>AND</b>  Tuesday, December 14 8:30-10:30AM  <b>Both sessions must be attended for credit.</b>	VA ITSN: VA ITSN Infant and Toddler Endorsement*  <b>Module 10: Productive Partnerships</b>  Cost: Grant Funded  <b>There are a total of 12 Modules for completion to earn the Endorsement</b>	Participants will explore ways to make their childcare space safe. Participants will also discuss safety hazards and how they can be prevented. This endorsement is for those who teach infants and toddlers.  CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a>  <b>Paperwork must be completed in advance</b> by contacting Mary Sheldon, Professional Development Coordinator, CDR at <a href="mailto:marys@cdr.org">marys@cdr.org</a> or 757-378-3172.	Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided at time of registration	 "Achieving Excellence in Early Care"
Tuesday, December 7 7-8:30PM	CDA Class  Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants  <b>Payment for attendance must be received prior to class.</b>	Chapter 9 (Social) and the CDA Philosophy Statement  CDA Competency: III VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a>	Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided at time of registration	

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<p>Wednesday, December 8</p> <p>12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 11 (Families) and the CDA Resource Items</p> <p>CDA Competency: IV VA Competency: IV Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Wednesday, December 8</p> <p>1-2PM</p>	<p>Virginia Quality Overview**</p> <p>Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p> <p><b>Note: This information session is intended for non-Virginia Quality participants in areas where participation in PDG is not yet available.</b> Certificates will not be issued for attendance.</p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	
<p>Wednesday, December 8</p> <p>1-2PM</p>	<p>Guiding Learning Through Play with Toddlers**</p> <p>Cost: Grant Funded</p>	<p>Learning through play encourages child development in a variety of ways. With intentional guidance from an actively engaged teacher, play allows children opportunities to learn and apply problem solving skills, practice sharing, and how to work with others. When working with infants and toddlers, teachers can support how children investigate and explore during play to advance their understanding and development.</p> <p>CDA Competency Goal: II and III VA Competency Goal: I and III Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided upon registration for the session</p>	

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Thursday, December 9 1-2PM	An Overview of Virginia's Early Learning and Development Standards (ELDS)**  Cost: Grant Funded	Virginia's Early Learning and Development Standards (ELDS) are guidelines that help caregivers understand how children build skills in different areas of development from ages birth to 5. This workshop will provide an overview of the ELDS along with some ideas on how to incorporate these standards in your classrooms.  CDA Competency Goal: II, III VA Competency Goal: II, III, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a>	Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session	 Committed to Quality Early Learning
Thursday, December 9 6-7PM	CDA Orientation for New Students  No cost is associated with this orientation.	A Child Development Associate credential is a nationally recognized credential that will help you strengthen your skills and further your career as an early childhood educator. This informative orientation session will review the process and requirements for earning your CDA through ChildSavers.  <b>Attendance is mandatory at an orientation before enrollment can occur.</b>  Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a>	Zoom Meeting  Capability to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided at time of registration	
Thursday, December 9 6:30-8PM	Collaborating with Families to Address Challenging Behaviors*  Cost: Grant Funded	This session will provide strategies for creating and maintaining effective relationships with families including why partnering matters, keeping lines of communication open, building routines, and problem-solving.  CDA Competency Goal: IV VA Competency Goal: VI Registration: <a href="mailto:nalexander@va-itsnetwork.org">nalexander@va-itsnetwork.org</a>	ChildSavers 200 N. 22 <sup>nd</sup> Street Richmond, VA 23223  <b>This is an in-person training; spaces are limited.</b>	 VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"
Thursday, December 9 6:30-7:30PM	Why We Talk**  Cost: Grant funded	Why do we talk to the children in our care? Language development is an important part of caring for and educating young children. In this training, we will discuss the importance of talking to children off all ages as well as strategies to do so. This workshop is for teachers of all age children.  CDA Competency Goal: II, III VA Competency Goal: II, V, VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a>	Zoom Meeting  Capacity to connect to Zoom with a web camera and microphone is required for participation.  Log in information will be provided prior to date of session	 Committed to Quality Early Learning
Monday, December 13 6:30-8PM	Smile and Mean It*  Cost: Grant Funded	Child care professionals consistently give of themselves to help make the world a better place for infants, toddlers, and their families. While	ChildSavers 200 N. 22 <sup>nd</sup> Street Richmond, VA 23223	 VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"

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		<p>this line of work is extremely rewarding, it can also come with stressors of its own. This workshop will review the signs and causes of burnout as well as provide action steps to help manage the effects.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: <a href="mailto:nalexander@va-itsnetwork.org">nalexander@va-itsnetwork.org</a></p>	<p><b>This is an in-person training; spaces are limited.</b></p>	
<p>Tuesday, December 14 1-2PM</p>	<p>Emotionally Supportive Interaction</p> <p>Cost: Grant funded</p>	<p>In this training, we will discuss the pillars of supporting children emotionally through positive interactions. We will discuss examples and share how we can maintain emotional supportive positive interactions. This workshop is geared towards teachers of 3 to 5-year-old children.</p> <p>CDA Competency Goal: VI VA Competency Goal: VI Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Wednesday, December 15 1-2:30PM</p>	<p>VAITSN: Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>Participants will define characteristics of an active toddler, will know how to support the activity level of toddlers in group settings, and will learn how to provide activities and experiences that align with the expectations of active toddlers and developmentally appropriate behaviors.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	 <p>VIRGINIA INFANT &amp; TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Wednesday, December 15 2-3:30PM</p>	<p>VAITSN: Inclusion Fusion*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the benefits of inclusion, how to provide support and inclusive environments where all young children have opportunities to learn and grow. This session is geared towards teachers who work with infants and toddlers.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT &amp; TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>

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<p>Wednesday, December 15 6-7:30PM</p>	<p>VAITSN: Preparing Your Family Child Care Home to Include Infants and Toddlers with Special Needs*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the benefits of inclusion, how to provide support and inclusive environments where all young children have opportunities to learn and grow. This session is geared towards family care providers who work with infants and toddlers.</p> <p>CDA Competency Goal: III VA Competency Goal: II Registration: <a href="mailto:ebullen@childsavers.org">ebullen@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capacity to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, December 16 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 9 (Social) and the CDA Philosophy Statement</p> <p>CDA Competency: III VA Competency: V Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Thursday, December 16 6:30-8PM</p>	<p>Smile and Mean It*</p> <p>Cost: Grant Funded</p>	<p>Child care professionals consistently give of themselves to help make the world a better place for infants, toddlers, and their families. While this line of work is extremely rewarding, it can also come with stressors of its own. This workshop will review the signs and causes of burnout as well as provide action steps to help manage the effects.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: <a href="mailto:nalexander@va-itsnetwork.org">nalexander@va-itsnetwork.org</a></p>	<p>ChildSavers 200 N. 22<sup>nd</sup> Street Richmond, VA 23223</p> <p><b>This is an in-person training; spaces are limited.</b></p>	
<p>Monday, December 20 1:30-3PM</p>	<p>VAITSN: Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>Participants will define characteristics of an active toddler, will know how to support the activity level of toddlers in group settings, and will learn how to provide activities and experiences that align with the expectations of active toddlers and developmentally appropriate behaviors.</p> <p>CDA Competency Goal: III VA Competency Goal: IV Registration: <a href="mailto:ttusing@va-itsnetwork.org">ttusing@va-itsnetwork.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	

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<p>Tuesday, December 21</p> <p>12-2PM</p>	<p>Program Subsidy Orientation</p> <p>Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: <a href="http://www.vachildcare.com">www.vachildcare.com</a>, choose <i>Training Calendar</i>, then <i>Online Trainings</i></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	 <p>Virginia's most trusted child care resource.</p>
<p>Tuesday, December 21</p> <p>6:30-8PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 13 (Professionalism) and a Preview of the New CDA Class Format</p> <p>CDA Competency: VI VA Competency: VIII</p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	
<p>Thursday, December 30</p> <p>6:30-8PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p><b>Payment for attendance must be received prior to class.</b></p>	<p>Chapter 13 (Professionalism) and a Preview of the New CDA Class Format</p> <p>CDA Competency: VI VA Competency: VIII</p> <p>Registration: <a href="mailto:training@childsavers.org">training@childsavers.org</a></p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided at time of registration</p>	

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