To know a community you need only to look into the eyes of its children. There your whole community’s health is reflected. If a child suffers, the whole community suffers. But if a child thrives, the whole community thrives.

Hope and resilience are powerful catalysts that, when joined, transform an entire community through a single child. This past year has shown that you stand beside us in our belief that all children are meant to thrive and that a community must work together to support its children.

It is your hope that drives our mission and your belief in a thriving community that challenges ChildSavers to reach more children and have a deeper impact. Because of you, ChildSavers has grown and succeeded. This past year nearly 500 children received trauma-informed mental health care through over 6,300 sessions of therapy. Nearly 2,000 children received healthy meals through our nutrition program and approximately 2,300 children received quality early care and education.

Because of you, children overcame the specter of trauma and their sense of safety is restored. Because of you, the seeds of possibility were planted and flourish in early child care settings across Central Virginia. You are part of the transformation we see and hear every day in the words of the children, parents, and families we serve.

While we accomplished much and surpassed our fundraising goal, your work and our work is not done. This is why we are grateful for your investments in our community’s future by ensuring our children receive the trauma-informed mental health services and quality early care and education they need to thrive. Over the next year, ChildSavers will expand its work in quality early care settings by 75% and provide trauma-informed therapy for 800 children in our region. Your continued investment makes it possible for ChildSavers to address the critical concerns of trauma in our young people. Thank you.

We know that you see all children as precious and worthy. Thank you for standing with us today, and tomorrow to ensure a legacy of prosperity where all children can be safe, happy, healthy, and ready to learn.

With Gratitude,

L. Robert Bolling
Chief Executive Officer
CHILD DEVELOPMENT SERVICES

YEAR IN REVIEW

1,798 children were fed healthy meals through our USDA Nutrition Program

2,309 children received quality child care through Virginia Quality

97% of child care professionals mastered their learning objectives in training sessions on quality child care

66% of child care providers who earned their Child Development Associates experienced an increase in job status or compensation

Children in unlicensed child care in Virginia are 5x more likely to die of physical abuse, neglect, or even sudden, unexplained, infant death than children in state-regulated
MENTAL HEALTH SERVICES
YEAR IN REVIEW

634 children received trauma-informed mental health care

79% of children showed improved functioning.*

6,353 hours of affordable or insurance-covered therapy were provided to children

115 children who experienced crisis or trauma in the community received psychiatric first aid at the scene of the event

*Based on the Youth Outcomes Questionnaire, a Likert scale-based tool designed to assess social functioning and therapeutic progress in children and adolescents.

1 IN 5 children in the US have a mental health disorder.

50% of those disorders begin before age 14.
Bill Oglesby first became involved in ChildSavers in 2005 when producing a video sponsored by Capital One. After speaking with ChildSavers therapists, he began to learn about the mission and said he felt a connection and a “real appreciation for the outstanding role ChildSavers plays in the community.” It was not long before board member, Judy Pahren, guided Bill to board membership in 2007 and his involvement grew.

Bill’s belief in the value and impact of volunteerism stems from a belief in giving back. He said, “I’ve always been impressed with the attitude that, ‘To whom much is given, much is expected.’ All of us lead busy lives and have no trouble filling up our available time but, so often, I can be left with a somewhat empty feeling when it all revolves around career and hobbies. I continue to be amazed at how the smallest effort on my part and so many others who volunteer can have such a profound effect on others’ lives. When the return can be so great, how can we not step up?”

When asked what inspired him to give back to ChildSavers he said, “The simple fact is no one else does what ChildSavers does. No one. And these aren’t just nice additions to someone’s upbringing. The services ChildSavers provides in a very real way can mean the difference between a young person overcoming challenges I could never have imagined as a child, or going through life as a much more damaged individual. That’s why ChildSavers is such an appropriate name. ChildSavers truly does save lives.” Bill’s belief in the ChildSavers mission and his service as a volunteer has enriched both his life and the lives of the children we serve. Through his service, Bill has helped ChildSavers grow into the organization it is today.

Bill is a Richmond native who attended J.R. Tucker High School in Henrico. He majored in journalism and communications at Washington and Lee University and earned a law degree from Pepperdine University in California. After passing the Virginia State Bar exam, Bill decided to return to his first love of journalism and spent years as a TV news reporter and anchor.

ChildSavers volunteers dedicated over 1,600 hours of service this year
SOWING THE SEEDS FOR SUCCESS:
BRACINA’S STORY

Bracina Hill began working in child care 22 years ago. She said that after volunteering at her daughter’s day care she discovered her deep love for children was a calling. At the Harvest Child Care center in Petersburg, Bracina has thrived as a lead teacher since starting there in 1998. Her first step towards professional development was earning an Early Childhood Certificate from John Tyler Community College in 2000 but she found she was able to further her growing expertise, enrich children’s learning and development, and increase her business success when she enrolled in Virginia Quality (formerly Virginia Star Quality Initiative) with ChildSavers.

In 2010, Bracina was introduced to ChildSavers at a Department of Social Services Vendor Training Workshop. There she attended a ChildSavers presentation on Virginia Quality and approached the presenter asking to enroll in the program. After beginning her training and professional development Bracina said “It was a 180° turn around!” The program was helping her and her business improve. Through ChildSavers, Harvest Child Care staff received early child care education and earned Child Development Associate (CDA) certificates, they were provided with support and resources as well as a ChildSavers mentor. “My mentor pushed me, she has been so devoted,” said Bracina. “My center moved from a religiously exempt program to a licensed center with the help of my mentor and Virginia Quality. Both were key factors in this positive change.”

Bracina also welcomed physical changes in the classrooms that improved children’s engagement and learning. She said, “The education that I have received has strengthened my work. I always pass what I have learned on to my staff and my staff transfers that knowledge over to our children’s families. I have learned that involving families in their child’s development is the foundation for raising successful adults. It is what defines success in this business and I didn’t fully understand that until I got involved with ChildSavers.”

“Becoming involved with ChildSavers has been a lifeline that jumpstarted how I run my center today,” said Bracina. “Watching children that once attended my center, grow and become successful adults is my greatest achievement. It’s like sowing a seed in life.” Bracina hopes that through her continued involvement with ChildSavers programs to instill values, training, and knowledge in her staff because, she says, “it makes a difference in the lives of the children they touch.”

For every dollar invested in early child care, there is an $8 return on investment.
BE STRONG, STAY SAFE:
FRANKIE’S STORY

Frankie was 10 years old when he saw his father die. It was March and he was on the front porch of his home when he saw his father arguing with another man in the front yard. The argument became heated. Voices were raised and suddenly the other man took out a gun and shot Frankie’s father. Frankie ran to his father and they cried together as his father died. His final words to his son were, “Be strong. Stay safe.”

Over the next week, Frankie wept and withdrew. Sometimes he lashed out; at times he was angry and would shout or hit his siblings and classmates. In her own grief and in the midst of planning a funeral, his mother didn’t know how to help him, so she sent him to school each day. Frankie’s mom thought that the less he was involved in the funeral plans the less he would think about his father’s death. But Frankie could not stop thinking about his loss, he was grieving. Soon, Frankie began having thoughts of dying so that he could be with his father.

Frankie’s school suggested his mother call ChildSavers’ Immediate Response Team. A clinician from ChildSavers, Mavis, went out and met with Frankie and his mother in their home. Mavis worked with Frankie’s mom to help her understand how she could support her son through this hard time. Over the next few weeks, the clinician and Frankie developed a strong relationship. They would take walks and color together. They would talk about Frankie’s sorrow and anger. Sometimes Frankie would talk about his father and his guilt. Frankie was able to say that he felt that he should have protected his father, he felt it was his fault he had died. Through his sessions with Mavis, he eventually let go of this guilt. Frankie found ways to feel safe and strong. She helped him build resilience. With Mavis, he wrote a letter to his father and promised to do his best to succeed and remember his father’s final words, “Be strong. Stay safe.” He pledged to do his best to make his father proud. He made a safety plan with his mother and Mavis to help him if he ever felt so sad again, and made a resilience plan to help him grow stronger. When his therapy ended, he thanked Mavis for all she taught him, and said that he thinks his father would want to say thank you too.

Approximately 87% of children in high crime neighborhoods experience traumatizing events.
YOUR SUPPORT

GUARDIAN | $1,000
Your gift provides one day of training for Richmond Public School staff on Trauma & Resilience OR one year of mentoring for a child care program to build quality.

PROTECTOR | $500
Your gift provides 4 sessions of trauma-informed mental health therapy OR a scholarship for observation and testing for a childcare worker earning his or her Child Development Associates certificate.

CHAMPION | $250
Your gift provides a consultation with foster care workers regarding child placement and permanency planning OR health and safety resources for new child care providers.

MENTOR | $100
Your gift provides 10 books about loss to give to children who lost a family member OR books for one Child Development Associate certificate program participant.

FRIEND | $50
Your gift provides two new puppets for children to use while in family therapy OR training for two Early Care Professionals on the importance of Trauma-Informed care.

65% of children in Virginia under age six are in need of childcare.
### Revenue and Support

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<tr>
<th>Revenue Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>USDA Program Revenue</td>
<td>$963,394</td>
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<tr>
<td>United Way Services</td>
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<tr>
<td>Grants and Restricted Giving</td>
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<td>Program Services</td>
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<td>Contracts</td>
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<td>Contributions</td>
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<td>Endowment Fund of MGC, Inc.</td>
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<td>Other Income</td>
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<td>Investments: Income, Losses, Gains</td>
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**Total Revenue**  
$4,373,387

### Expenses

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<tr>
<td>Mental Health Treatment Services</td>
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<tr>
<td>Child Development Services</td>
<td>$1,691,031</td>
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<td>Management and General</td>
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<td>Fundraising</td>
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**Total Expenses**  
$4,234,773

### Assets

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<td>Investments</td>
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<td>United Way Funding Commitment</td>
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<td>Grants Receivable</td>
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<td>Prepaid Expenses</td>
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<td>Property and Equipment</td>
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**Total Net Assets**  
$1,567,821

### Liabilities and Net Assets

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<td>Accrued Expenses</td>
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**Total Liabilities**  
$281,711

**Total Net Assets**  
$1,286,110

**Total Liabilities and Net Assets**  
$1,567,821

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ChildSavers believes that all children can be safe, happy, healthy and ready to learn.

*Unaudited financials.*
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