

Memorial Child Guidance Clinic. Founded 1924.



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ChildSavers
Child Development Services

A quarterly newsletter for Central Virginia's Child Care Providers

Can you Imagine? Helping children to open their minds!



Ideas to Use With Children's Reading Books That Involve Thinking Outside the Box

A key skill that can help children in their academic, social and emotional lives is the ability to think outside of the box. You can help encourage this skill from any early age through a variety of activities and games. If you routinely read with your children you can use this reading time to create activities that nurture and encourage their critical thinking abilities.

Predictions:

Read to a child, but periodically stop reading and ask him to predict what he thinks will happen next. Ask for a few different scenarios, too — the child's first impulse will be to predict the story's actual ending, as stories tend to be on the predictable side. If you ask for a few different endings, though, the child will have to think outside the box to come up with novel ideas.

Open-Ended Questions:

When you finish reading a book to or with a child, ask him a few open-ended questions? This can be any question that doesn't have a one-word or one phrase answer, such as "How did you feel about the story?" or "Who was your favorite character and why?" These questions encourage the child to think outside the box in order to both create and articulate an answer, which will encourage his ability to think critically in an alternative manner.

Retelling:

Read a book to the child, then ask her to tell you the story in her own words. This encourages thinking outside the box in order for the child to articulate herself. By telling a familiar story in her own words, she has to carefully consider how things are described and how stories are told. This encourages creative storytelling and general self-expression.

Relating Stories:

Read a child two or more stories, then ask him to tell you some connections between the stories. Start with the basic connections, such as the gender of the main characters, then move into more complex, creative connections, such as what the characters wanted and why they wanted it. Children will have to think outside the box to find these deeper connections between stories, which will both help them understand the stories and improve their ability to think outside the box.



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FAMILY DAY HOME PROVIDERS - Did you know?

The USDA Food Program may be the Best Kept Secret!

If you are a regulated family day home provider, you can join ChildSavers CACFP USDA Food Program. As a participant in the food program you can get monetary reimbursement for serving nutritional meals to children enrolled in your family day home. Any federally funded program has requirements—the main requirement on the USDA Program is to keep records of the healthy meals you serve to the children and to mark the attendance of the children present when meals are served. **RECORDS CAN NOW BE KEPT ONLINE!** We will train you in the guidelines of the program and provide all necessary information.

There are **10** great benefits of joining ChildSavers Child and Adult Care Food Program:

1. Children will receive healthy, well balanced meals.
2. The provider receives cash dollars\$\$\$ monthly (**check or direct deposit**).
3. Free online claiming through Minute Menu (just point and click!)
4. Print your pre-planned menus and post.
5. Keep track of child and parent information & enroll online.
6. Optional business program to invoice and receive payments electronically.
7. Track expenses for tax purposes, including mileage and time-use in home.
8. Plan and print your daily, weekly, or monthly schedule with activity and lesson suggestions.
9. Access a huge database of activity and recipe ideas.
10. Electronically submit your Food Program claim to ChildSavers USDA Program.



Don't have access to a computer? You can still participate using paper forms.

Call Tiffany Branch @ ChildSavers and get signed up today!!! 644-9590 ex.3024

Note: This information is not intended for Providers already participating on a CACFP Program.

New Series!

Training Opportunities **Take 1 or all 4!**

Can you imagine? Helping children to become thinkers! Thurs., Oct. 27 6:30pm-8:30pm

Young children thrive on "becoming experts" because it makes them feel powerful and confident, which in turn leads to more talking, thinking, and questioning. Learn strategies that will travel across your curriculum to assist children in becoming creative and inquisitive thinkers.

Fee: \$20 Hours: 2 CDA Competency Goal: II Level: Basic

Can you imagine? Helping children to become creative artist! Thurs, Nov. 3 6:30pm-8:30pm

Learn creative ways to use inexpensive materials found around the house. You will create art and writing props to help children learn in developmentally appropriate ways. Just imagine....No more worksheets.

Fee: \$ 20 Hours: 2 CDA Competency Goal: II Level: Basic

Can you imagine? Helping children to construct with their hands and imagination! Thurs, Nov. 10 6:30 —8:30 pm

Has technology advanced so much that we forget to give our children a platform to allow them to construct images with blocks or provide them with opportunity for fantasy play? Participants will learn some strategies on how to encourage a child's autonomy.

Fee: \$20 Hours: 2 CDA Competency Goal: II Level: Basic

Can you imagine? Helping children to become explorers of their world! Thurs., Nov. 17 6:30 pm - 8:30pm

Abacadabra and 1, 2, 3!! Help children to explore and understand their world through experimentation and brainstorming. Participants will find creative ways to use every day items, books and activities to enhance their math and science areas. Bring your imagination and open-minds to this workshop.

Fee: \$20 Hours: 2 CDA Competency Goal: II Level: Basic

Director/Management Training

Reflective Supervision Tuesday, Nov. 15 1pm-2pm

Supervisors will learn skills on how to encourage their staff to answer their own questions by providing support through this process, as well as, reflect on their experiences.

Fee: \$10 Hours: 1 CDA Competency Goal: V Level: Management

Many Heads are Better Than One Wednesday, December 7 1pm-2pm

Let's look at how brainstorming as a team can create more interesting and exciting lessons and activities for your center's classrooms.

Fee: \$10 Hours: 1 CDA Competency Goal: V Level: Management

Certifications

American Red Cross	First Aid	Saturday, October 29	9am-11am
	CPR	Saturday, October 29	11am-2pm

Earn your required certification for Infant, Child and Adult First Aid and/or CPR.

****Registrations must be received by NOON on October 21. Cancellations must be received no later than 8 days prior to class date. No rescheduling will be allowed after this time.****

Fee: First Aid only—\$45, CPR only—\$45, Register for both classes at a combined fee of \$80

10 Hours of Family Child Care Training

AI's Caring Pals—Family Child Care Providers

Come learn how to help the children in your care make positive and healthy choices each day! This interactive training guides providers through a process of helping children make healthy choices by using lots of fun activities with the children.

Dates: Tuesday, Oct. 18 7pm-9pm, Saturday, Oct. 29 and Saturday, Nov. 19 9am-1pm

Fee: \$40 per Family Provider/\$10 for an assistant before October 11th,
\$50 per Family Provider/\$15 for an assistant after October 11th.

** 1 AI's Caring Pals Kit - FREE for each home participating in training. (\$100 value)

Special Holiday Workshop

Tis the Season: Holidays Around the World

Thursday, December 1 7 pm - 9pm

Add a multicultural twist to your holiday with activities that teach the children in your child care about other traditions such as Hanukkah, Eid-ul-fitr, Kwanza, and Christmas. Whether you know someone who will be celebrating these holidays or not, introducing the children to a variety of cultures gives them a chance to learn about their world and take pride in their own family heritage.

Fee: \$20 Hours: 2 CDA Competency Goal: II Level: Basic

NEW Training Policies

Please call 644-9590, ext. 3063 for class information. Only credit card registrations will be taken over the phone. To register by mail, please use the form printed below. We must have your payment prior to reserving your spot.
***CANCELLATION POLICY:** You must call to cancel by 4:00 PM, three business days prior to your class date. Otherwise, no re-scheduling will be permitted. Fees are non-refundable. If ChildSavers must cancel a class, every attempt will be made to give 48 hours notice, with exceptions of extreme emergencies.

In case of inclement weather, class updates and cancellations will be recorded on voicemail at extension 3063 and will become available 4 hours prior to the start time of the class.

CLASS LOCATION: All classes will be held at the ChildSavers building, 200 North 22nd Street, unless otherwise indicated in the course information.



Children are not permitted at any training session. Please make other arrangements for child care.

ALL training participants are requested to park in the ChildSavers' lot, located at the north end of our building, and to enter and exit the building through the door in the parking lot. If only street parking is available upon arrival, we ask that you please enter through the parking lot door for trainings. If the door is locked, please press the "Push To Call" button located to the right of the door for admittance.

Please use this form when submitting payment for workshop registration

TRAINING REGISTRATION FORM

Name _____ Daytime Phone # _____ Evening Phone # _____

Child Care Facility _____ Address _____

Email Address _____

**Registration Verifications are sent through email.

I AM REGISTERING FOR THE FOLLOWING WORKSHOPS (PLEASE LIST)

Amount Enclosed \$ _____ Check # _____ or Money Order _____